

TEACHER: INÉS

1ºESO

I.E.S NARCÍS MONTURIOL

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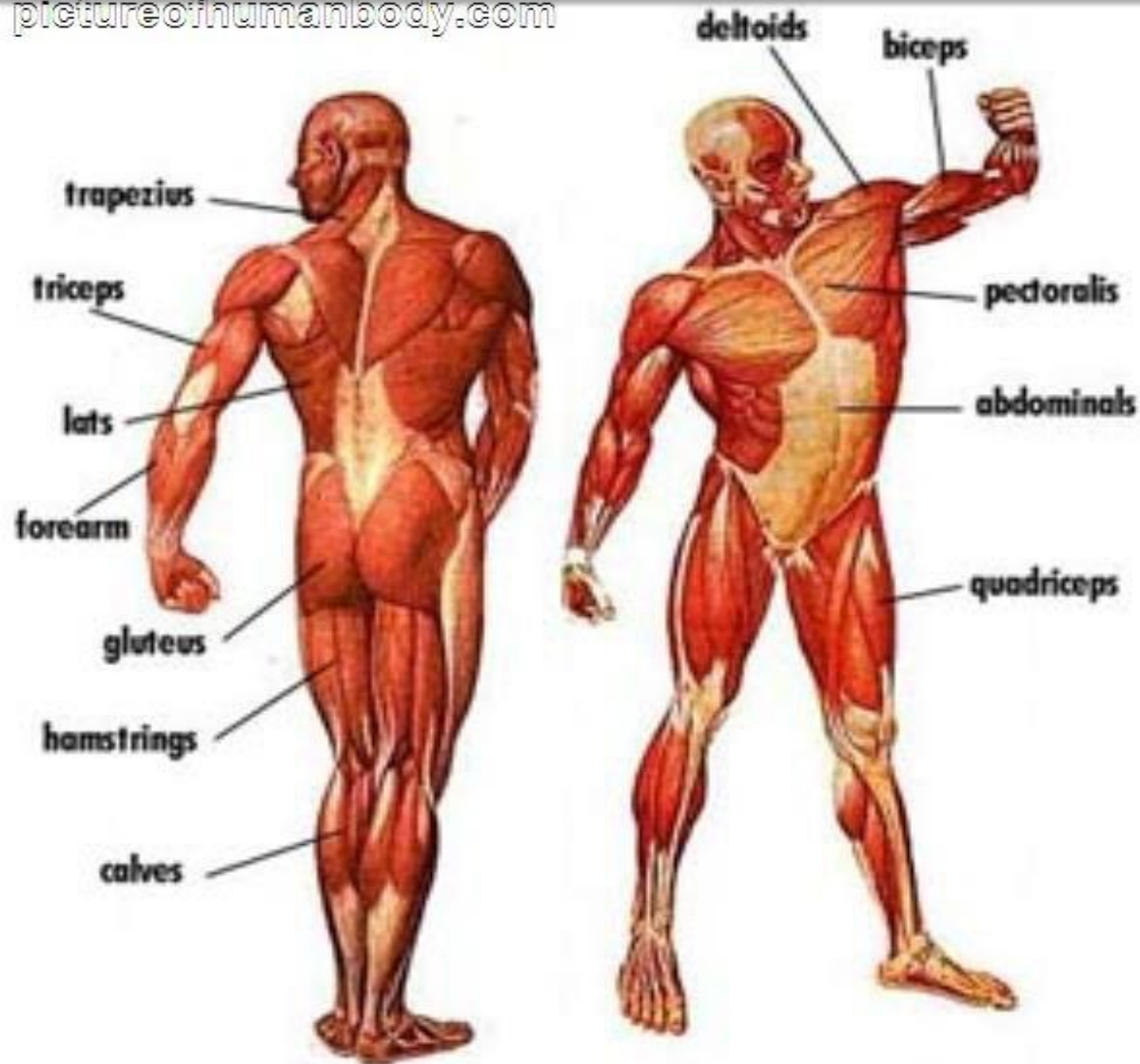
ANATOMY

BODY LANGUAGE

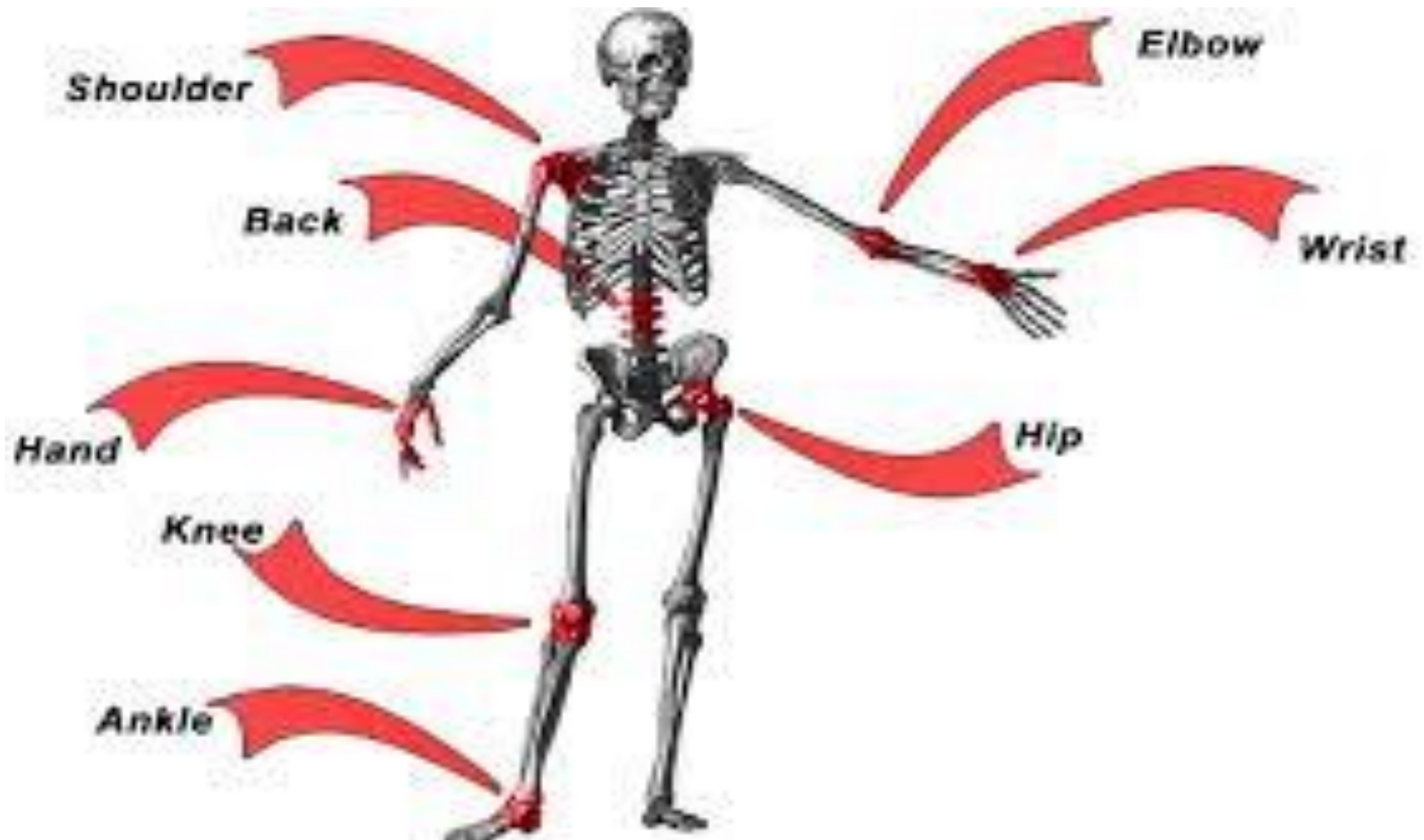
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4. ANATOMY - MUSCLES

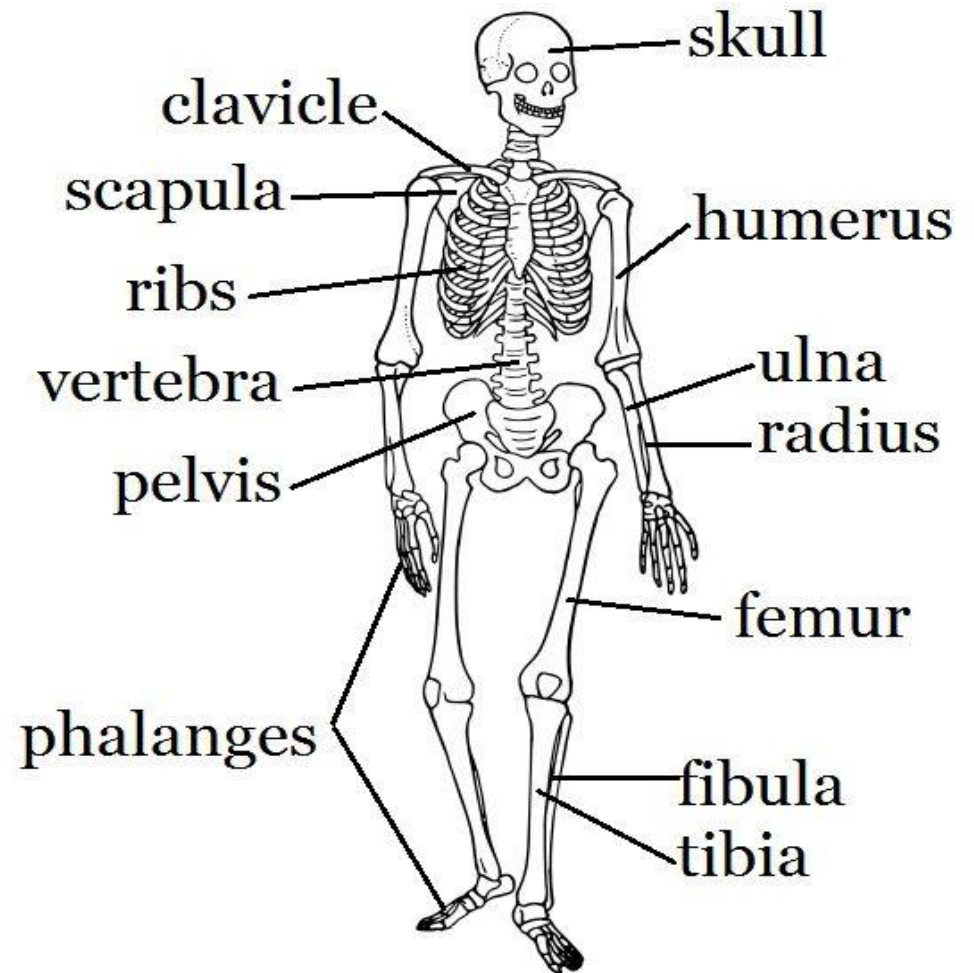
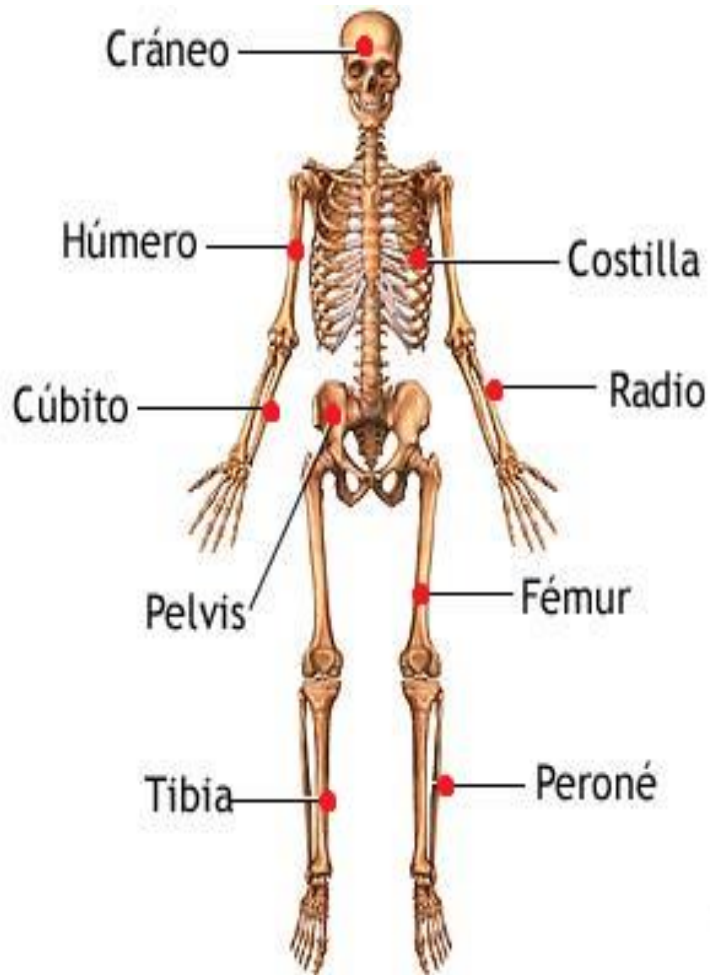
pictureofhumanbody.com



4. ANATOMY - JOINTS

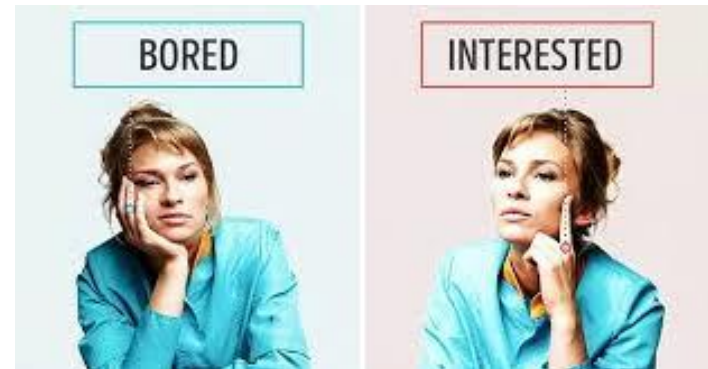


4. ANATOMY - BONES



5. BODY LANGUAGE

- IT IS A WAY OF MAKING THOUGHTS, FEELINGS AND EMOTIONS KNOWN TO OTHERS USING THE BODY, WITHOUT UTTERING ANY WORDS.



- TYPES OF BODY LANGUAGE:
 - VOLUNTARY BODY LANGUAGE
 - INVOLUNTARY BODY LANGUAGE

5. BODY LANGUAGE

- MIME AND DRAMA

THESE ARE TECHNIQUES THAT HELP YOU TO EXPRESS YOUR EMOTIONS THROUGH YOUR BODY.



7. BADMINTON



7. BADMINTON

- Materials: light racquet and shuttlecock.
- Match: a badminton match is made of 3 SETS, of 21 points each one.

- Main strokes:

- Serve
- Backcourt strokes: clear, drop and smash
- Netshot



7. BADMINTON - RULES

- A serve must carry cross court (diagonally) to be valid.
- A player wins a point when he strikes the shuttlecock and it touches the floor of the opponent's side.
- The player can not touch the net.
- A player should not reach over the net to hit the shuttlecock.



I HOPE YOU HAVE ENJOYED

**IT'S BETTER TO BE HEALTHY AND
STRONG THAN LAZY AND WEAK**