



TEACHER: INÉS

I.E.S NARCÍS MONTURIOL

PHYSICAL EDUCATION (P.E.)

FOR THE WORLD

- PLAY
- FOOTBALL
- RUNNING
- BALLS



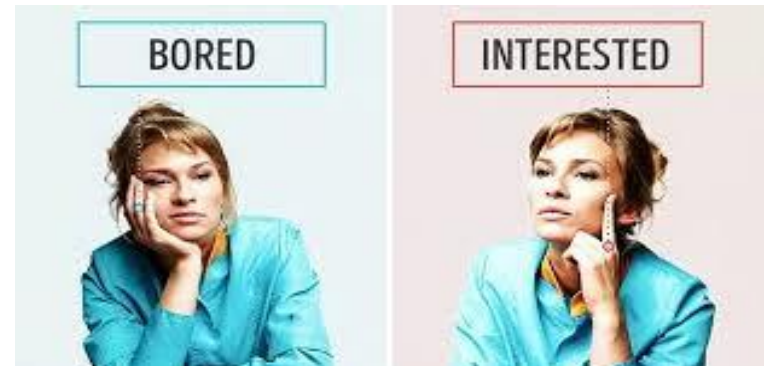
FOR P.E. TEACHER

- PHYSICAL FITNESS
- BODY LANGUAGE
- HEALTHY HABITS
- RESPECT
- DISCIPLINE
- PERSONAL HYGIENE
- SPORT CULTURE
- NATURE ACTIVITIES
- AUTONOMY
- SELF-ESTEEM (AUTOESTIMA)
- SELF-CONTROL (AUTOCONTROL)



PHYSICAL EDUCATION

- NOTE BOOK, OR SOME PAPERS IN WHICH YOU WRITE DOWN THE THEORY, AND THE IMPORTANT VOCABULARY



- DO THE HOMEWORK
- GOOD ENERGY, GOOD ATTITUDE
- VERY IMPORTANT: ACCESS TO BLOG-PAGE
- STUDENT INFORMATION = **NEXT WEEK!!!!!!**

ASSESSMENT

- **40%** = PRACTICE

Proper warm-up, physical tasks in class, sport test...

- **30%** = THEORY

Theory for your test (exam). It is in the blog-page.

- **30%** = ATTITUDE

Your attitude is really important in my class.

FREE TIME DEPEND ON THE CLASS ATTITUDE (ONCE A TERM)

DO YOU WANT MORE POINTS?

- AFTER SCHOOL ACTIVITIES (EXTRAESCOLARES)
1 MORE POINT IN THE LAST TERM
- VERY GOOD ATTITUDE IN CLASS
- DO HOMEWORK WHEN REQUESTED

HOMEWORK

HOW DO YOU WANT TO WORK?

- IN MIXED GROUPS FOR ALL THE TERM
- IN MIXED GROUPS FOR EVERY ACTIVITY
- IN MIXED GROUPS FOR EVERY CLASS
- I DO THE MIXED GROUPS EVERYDAY
- NO GROUPS ONLY IN THE MATCHES



**IT'S BETTER TO BE
HEALTHY AND STRONG
THAN LAZY AND WEAK**

I HOPE YOU HAVE ENJOYED